

THE PROSPEROUS WORKPLACE

Transform - Individual + team
Performance & Wellbeing



The Prosperous Workplace – 1 hour Introductory workshop is based on The Prosperous Mind and is an opportunity to understand and explore what holds us back from pursuing important work and life goals, and new strategies to get there. *The Prosperous Workplace* offers a commercial and psychological lens regarding individual and team pursuits that are tailored for individuals and organisations including the practice of new skills to achieve more.

IS THIS YOU OR YOUR TEAM?

- Leadership team not on the same page?
- Lack of self-awareness of unhelpful behaviours?
- Difficulty approaching difficult conversations leading to procrastination & delayed outcomes?
- Need to manage stress more effectively
- Some Leaders or team members stuck in a negative cycle
- We have good people that could be great

WHAT YOU WILL LEARN:

- New research explaining what factors influence the pursuit of professional goals
- What influences inflexible thinking that can lead to employee conflict, stress & burnout
- Simple yet effective ways to rebuild trust and performance in teams
- How to spend less time procrastinating and more time pursuing important goals and relationships
- 2 key skills to build resilience for negative and unhelpful thinking patterns
- Learn how to reprogram your brain resulting in a more Prosperous Mind

FACILITATOR: MARGIE IRELAND
Founder The Prosperous Mind
Leadership & Career Coach

BOOKINGS ESSENTIAL!

**Save your place as seating
is limited.**

**Corporate and Community
Bookings Available**

WORKSHOP COSTS per team:

1 HOUR: \$750+GST

- corporate events
- breakfast / lunch events
- wellness days

3-4 HOUR: \$2.5K+GST

- team building events
- conferences
- leadership forums

TAILORED 12-month PROGRAM?

Embed sustainable change:

- 12-month Leadership coaching
- Quarterly team Workshops
- On call support
- Tailored to outcomes

See testimonials:

<http://www.connect-inspire-transform.com/the-prosperous-mind/>